



Flower of Light Foundation

Newsletter

Welcome!

I am delighted to present the first newsletter from the Flower of Light Foundation. The foundation is dedicated to supporting projects and individuals who are actively working to manifest the New Earth—a place founded on love, truth, and freedom.

This newsletter provides you with an overview of the foundation's purpose, ways in which we can co-create together, and details about the projects that are currently being supported. The newsletter ends with a dream that came to me last night.

Let's begin by sharing the foundation's mission. At the Flower of Light Foundation, we strive to foster a collective awakening and contribute to the realization of a harmonious and enlightened society. We firmly believe in the transformative power of love, and we are committed to nurturing the seeds of positive change.

One of the key aspects I would like to emphasize is the invitation to co-create. Collaboration and shared vision are essential in bringing about meaningful transformation. By working together, we can manifest the New Earth and create a thriving future for all.

Furthermore, I feel thrilled to highlight the projects that the foundation currently supports. These initiatives embody the core values and are making significant contributions to the betterment of our world. Through their dedicated efforts, they inspire hope and catalyze positive change.

Excited to embark on this journey with you, and I invite you to stay connected with the Flower of Light Foundation. Future newsletters will keep you informed about the progress, ideas and experiences will be shared and ways in which you can actively participate.

About the Flower of Light Foundation

The Flower of Light Foundation exists since 2020. For many years it already felt clear to me that the system most of us are living in, is not the way to move forward anymore. Just like old beliefs and patterns within me felt not fitting anymore, the system felt outdated and like it was not serving any longer. And thus it felt like I wanted to contribute to change.

One of the quotes that stayed with me during this journey:

"You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete." - Buckminster Fuller

About me



I am Fleur. I consider myself a potent manifestor.

By dreaming, embodying, initiating and supporting I actively contribute to creating change.

I am dedicated to serving others by channeling the creative and healing energy that flows through me, aiming to make the world a more beautiful place.

I firmly believe that each of us holds a vital key when it comes to shaping a more beautiful world. According to human design, I am here to initiate, to be the spark. May this spark start a movement of co-creation.

And so it began. For the past five years, I have consciously chosen to explore and experience new ways of living. I embraced off-grid living, joined communities and co-living projects, and embarked on visits to various regenerative initiatives. Moreover, through my wonderful children, I delved into heart-based learning for kids. Next to this I learned about alternative building materials, circle processes, the significance of communal unity, radical responsibility, permaculture, gardening, local community engagement, creative expression, and much more. All this has been held within my personal container of love that is completely dedicated to the path of self-realization.

Based on these accumulated experiences and explorations, I believe that the time has come for the next phase: supporting different projects and individuals who are actively creating this new way of living together.

Co-creation is the key

We shape the world we live in. Once we realize this, we can take responsibility and choose to be the change. It requires courage, strength, and persistence. The path to creating from a place of love and truth is our natural state, yet not always easy - new ways must be discovered. The beauty, however, lies in the fact that we are in this together.

Co-creation within this foundation can take many forms. The foundation's primary focus now is to generate funds, enabling the initiation of beautiful heart-driven projects.

What I am currently engaged in

At the moment, I am actively participating in the creation of various projects. Additionally, I have the privilege of witnessing inspiring initiatives unfold around me, which are in need of support.

This support can take different forms, such as providing a supportive environment, offering guidance and empowerment, assisting with organizing and structuring, and connecting with helpful resources. However, it is essential to highlight the significance of financial support. I believe money is a valuable tool for bringing about change—a tool that is crucial for establishing a new way of living together.

Projects from the Heart

The Flower of Light Foundation is currently engaged in various projects, all of which deeply resonate with my heart. Dreams are coming to life as we manifest these initiatives. In the New Earth, togetherness holds paramount importance (more about this topic of togetherness will be shared soon). Now, let's explore these projects together.

I would like to introduce you to some remarkable projects that emanate from the heart and have deeply moved me. These projects are yearning to be brought to life and nurtured in a loving and supportive manner. Most of them are situated in the beautiful region of Alentejo, Portugal, which attracts individuals from all corners of the globe who share a collective dream: to co-create a new world together. The developments happening here are truly awe-inspiring. I will share more about the vibrant happenings in this region in the near future.

For now, by showcasing these projects, my intention is to touch and inspire you. If you feel called to support any of these endeavors, I encourage you to reach out. Consider it an invitation to join in co-creation. Have you been waiting for a sign? Well, this is it. Alternatively, if you know someone who might wish to be part of, support, or connect with these projects, please do share this information with them. I eagerly await hearing from you!

Your participation and engagement are invaluable as we work towards manifesting a brighter future.

Kids Project - Heart based learning

A wonderful group of individuals is currently in the process of establishing a heart-based learning project for children in the southwest region of Portugal. Their mission is to 'follow the children's interests while providing a safe and nurturing environment.' In this inclusive space, they foster freedom, exploration, learning, and personal growth. Children of various ages are welcome to join, engage, and co-create. The ultimate dream is to create a physical space amidst nature, where the children can feel embraced by a circle of loving individuals. To learn more about our vision and find out how you can support this initiative, please visit the website.



Next to this kids project, many new ways of learning are being developed for children. New projects arise and are all pioneering. The Flower of Light Foundation wants to support these projects through raising funds, through connecting and through sharing about the learnings. To me the support of our next generation feels like one of the most important. More about this topic in the next newsletter.

Regenerative Neighbourhood

Over the past five years, I have been fortunate enough to explore, reside in, and actively participate in various communities and co-living projects. During the last three years, I have been based in Alentejo, a stunning region in the southwest of Portugal that has been attracting an increasing number of free-spirited individuals from around the world. This surge in interest has led to the emergence of numerous projects and the establishment of a vibrant Alentejo community.

My personal dream is to collaboratively build a regenerative neighborhood in this area. This envisioned neighborhood would encompass private living spaces, communal buildings, with a focus on our well-being, our kids, healing work and land regeneration, and all the necessary elements for sustainable living. It would also involve fostering harmonious collaboration with the local environment, such as exchanging services, creating local products, and supporting one another in various ways. Presently, I am part of a dedicated group of pioneers who have been meeting weekly for several months to explore and co-create this dream. Supporting this project (financially) is very much welcome. More detailed information about this project in the next newsletter. If you already would like to hear more about this before, please feel free to reach out.



The way of Council - Inspiring collaborative partnerships

Rob Dreaming found Council in 2002 in the KaliKalos project in Greece and has been an active Carrier and Facilitator. 'I sit in Council to pause, listen and to re-member myself, the other and the land, welcome the unknown.'

By prioritizing practices like Way of Council and mindfulness in Europe, individuals and communities can develop skills to thrive in our diverse world. Reintroducing council circles benefits local communities, fostering resilience and well-being. Trust, connection, and cooperation promote understanding and innovation across cultures, leading to an inclusive, sustainable society.

Rob feels a strong call to create a collaborative team for spreading Council in Europe and the Flower of Light Foundation supports this warmly.

I had the privilege to experience the impactful Way of Council training facilitated by Rob. It deeply resonated with me. The importance of coming together, meeting each other from a place of equality and authenticity. The healing and remembrance that arise from this togetherness are remarkable. I wholeheartedly recommend Rob's work and felt instantly how I want to support him and the Way of Council's global accessibility.

What is Council?

Council is a transformative practice that nurtures true community, drawing from ancient traditions and cultures worldwide. It fosters inclusive communication, deep listening, and compassionate expression. With roots in First Nations and indigenous wisdom, council strengthens relationships, promotes healing, and enhances decision-making. It has been successfully applied in diverse settings such as education, business, healthcare, restorative justice, and family dynamics. Council practitioners globally have embraced this practice, recognizing its power to connect people authentically and foster harmonious relationships. As the world seeks heartfelt communication, the practice of council continues to expand, transcending boundaries and cultures, weaving a tapestry of shared wisdom and understanding.



Very practically Rob is initiating a meeting for up to 30 people at a venue located in Europe to heart-storm together about possibilities to create more awareness and aliveness of Council work in Europe and also globally. What is needed in the process now is financial support. If you want to support, or know someone who might, please reach out to the Foundation.

Bridge House

One of the visions that came to me a long time ago, was to create a beautiful and welcoming space for people to come together so that they could connect easily, grow together and from there co-create. A few months ago I met a beautiful soul called Catarina, who carries the same dream. She is the weaver and engine behind the Bridge House Project in Alentejo, which is the start of the Bridge House Network. A project from the heart. One important next step for this project is to attract funding to purchase the property, as well as to attract individuals from around the world to join the team and collaboratively build this network.



Heart Quarter Flower of Light Foundation

Last and definitely not least the last couple of months I have been working on creating an office and meeting space for this Foundation. It feels amazing to have a physical place that holds this vision. A place where dreams, ideas and creativity can flow freely and being brought into manifestation. Supporting me (financially) while working on this mission would be extremely welcome and beneficial. In this way I can keep letting my energy and love flow towards the birth of something greater.

Thank you so much!

How can we co-create?

I invite you to reflect on how you would like to support. Perhaps you enjoy staying updated and find pleasure in reading these newsletters, or maybe you feel compelled to share them with individuals you believe would resonate with the information. Alternatively, you might have a unique way in mind to provide support.

Whatever it may evoke within you, the vital aspect is to embrace it and act upon your instincts. I have faith that, through you, dear reader, this foundation will continue to blossom and reach the right individuals at the perfect moment.

I encourage you to listen to your inner guidance and contribute in a way that feels authentic to you. Your involvement is instrumental in shaping a brighter world.

On the next page you can read about a dream that I received last night, right before I planned to send this newsletter.

Thank you for reading this newsletter. I hope you enjoyed and send you lots of love!

Ideas, dreams & future projects

- I shared before that I believe in the power of togetherness. Also when it comes to this foundation. Therefore my dream is to start growing a team of people that holds this vision and supports together. Hopefully I will share with you new team members in the next newsletter.
- With this team I would like to start a *research & share center*, where we can investigate and share about our experiences while co-creating a New Earth.
- One of my biggest dreams for this foundation is to raise funds for people and projects that create from the heart.
- The New Earth requires souls that can hold space, grow into love, learn from old traditions and implement them anew. I feel a deep desire to financially contribute to projects and people on this path, while also offering a loving, healing and empowering container.
- I feel how amazing it feels that this newsletter reaches the right people in the right moment. Spreading it helps, thank you.

For more information: www.floweroflightfoundation.com or send an e-mail to: info@floweroflightfoundation.com

Dream sharing

The night before I intended to send this newsletter, I had a dream that I feel compelled to share with you. Additionally, I recall another dream from about six months ago that I will also share with you.

In last night's dream, I find myself walking parallel to the coastline. Unexpectedly, a larger wave approaches the road I am on. It is not a massive flood, but it does have a noticeable impact. Shortly after, I receive an SMS alert on my phone, informing me about an upcoming event. Four images are shown to me, illustrating the splitting of the Earth. It seems that the Earth is going through a kind of time warp, resulting in the creation of a New Earth. Now, it is time to prepare (later, I receive information suggesting that having a relaxed nervous system is the best way to prepare for this).

As time passes, it becomes colder and darker, indicating that something significant is about to occur. We are instructed to 'step in', as if we are entering a vehicle. The Earth begins to spin, which creates an unpleasant sensation. We are advised to buckle up, and I realize that surrendering is the only way to proceed. So, I do just that. Soon after, the spinning stops, and we arrive in the New Earth. It is still a bit chilly and dark, allowing us to observe the new sky, which reveals a multitude of moons. Gradually, it will become brighter. We begin to understand new ways of transportation, and there is an overall sense of freshness, with many new things to explore. However, there are also new diseases (it feels as though the body is going through a transition), characterized by yellowish skin and greenish teeth. Nonetheless, we have arrived, and the dream comes to an end.

Last night was filled with dreams for me, but this particular dream had a unique aura and remains vivid in my memory. It reminds me of a lucid dream I had some time ago:

In this dream, I am aware that I am dreaming. I cherish this state because suddenly, anything becomes possible. I yearn to experience the manifestation of the New Earth, so I ask for it. I wait for some images to occur on 'the stage', but that doesn't happen. Instead, I begin to sense the energy getting more intense and higher. I feel every cell in my body spinning and elevating in frequency (I don't know how to describe it differently). The feeling and sensation become quite uncomfortable. It feels as though I can no longer hold on, as if parts of myself are fading away. Similar to the dream from last night, surrendering is the only viable option, although it proves to be more challenging in this dream. Suddenly, everything stops, and I enter a new reality. Although I don't see any images, I am overwhelmed with an abundance of love, beauty, and gratitude. It is a magical feeling, beyond words really.

